

OTLEY KARATE CENTRE

Safeguarding Adults Policy Statement

Otley Karate Centre acknowledges the duty of care to safeguard and promote the welfare of adults and we are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and Shukokai - Shitoryu Karate Alliance requirements.

The guidance given in the policy and procedures is based on the following principles:

- All adults, regardless of age, ability or disability, gender, race, religion, ethnic origin, sexual orientation, marital or gender status have the right to be protected from abuse and poor practice and to participate in an enjoyable and safe environment.
- Otley Karate Centre will seek to ensure that our sport is inclusive and make reasonable adjustments for any ability, disability or impairment, we will also commit to continuous development, monitoring and review.
- The rights, dignity and worth of all adults will always be respected.
- We recognise that ability and disability can change over time, such that some adults may be additionally vulnerable to abuse, in particular those adults with care and support needs
- We all have a shared responsibility to ensure the safety and well-being of all adults and will act appropriately and report concerns whether these concerns arise within Otley Karate Centre for example inappropriate behaviour of an Instructor, student or volunteer, or in the wider community.
- All allegations will be taken seriously and responded to quickly in line with Otley Karate Centre's Safeguarding Adults Policy and Procedures.
- Otley Karate Centre recognises the role and responsibilities of the statutory agencies in safeguarding adults and is committed to complying with the procedures of the Local Safeguarding Adults Boards.

The six principles of adult safeguarding

Otley Karate Centre's Adult Safeguarding Policy and Procedures are underpinned by the following principles as defined by The Care Act 2014

- **Empowerment**
- **Prevention –**
- **Proportionality –**
- **Protection –**
- **Partnership**
- **Accountability –**

Making Safeguarding Personal

'Making safeguarding personal' means that adult safeguarding should be person led and outcome focussed. It engages the person in a conversation about how best to respond to their safeguarding situation in a way that enhances involvement, choice and control. As well as improving quality of life, well-being and safety.

Wherever possible Otley Karate Centre will discuss safeguarding concerns with the adult to get their view of what they would like to happen and keep them involved in the safeguarding process, seeking their consent to share information outside of the organisation where necessary.

Wellbeing Principle

The concept of wellbeing is threaded throughout the Care Act and it is one that is relevant to adult safeguarding in sport and activity. Wellbeing is different for each of us however the Act sets out broad categories that contribute to our sense of wellbeing. By keeping these themes in mind, we can all ensure that adult participants can take part in karate fully.

- Personal dignity (including treatment of the individual with respect)
- Physical and mental health and emotional wellbeing



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- Protection from abuse and neglect
- Control by the individual over their day-to-day life (including over care and support provided and the way they are provided)
- Participation in work, education, training or recreation
- Social and economic wellbeing
- Domestic, family and personal domains
- Suitability of the individual's living accommodation
- The individual's contribution to society.

Monitoring

The policy will be reviewed a year after development and then every three years, or in the following circumstances:

- changes in legislation and/or government guidance
- as required by the Local Safeguarding Adults Board, UK Sport and/or Home Country Sports Councils and Shukokai - Shitoryu Karate Alliance, or
- as a result of any other significant change or event.